



EEC Corner Spotlight

Chapter Program & Projects

• Program • Project • Icebreaker

Title: Brunch with Author Ruth Wood Garrett

Summary: *(limit 100 words)*

Ruth Wood Garrett is a former elementary school teacher and the author of the book, “The Gingerbread Man in Memphis.” Ruth spoke to the DKG Alpha Sigma chapter at the meeting on Nov. 9, 2024 held at Eggs Up Grill. We enjoyed a brunch meal and then Ruth spoke to us about her inspiration for writing her book. Her father had passed away and Ruth received an idea to write a children’s book. The process of writing the book helped her through the grief she was experiencing. Ruth shared ideas for aspiring writers. At our request, Ruth read her book to us.



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